



# St Finbar's School

Levy Street, Glenbrook, 2773 P.O. Box 187, Glenbrook, 2773  
**Phone: 47243600**

August 2016

## **Stage 2 Excursion – Sept 5th Bicycle Education and Road Safety Centre, Campbelltown.**

Dear Parents/Carers

On Tuesday September 5th, students in Year 4 and Year 3 will be attending The Bicycle and Road Safety Centre at Campbelltown. Campbelltown Bicycle & Road Safety Education Centre has maintained its reputation as a leader in road safety and bicycle education through its continued development of innovative educational programs. The Centre and its programs are a Campbelltown City Council, New South Wales Roads and Traffic Authority, and New South Wales Police Service supported initiative.

The Centre's program covers all key areas of road safety. These programs are reviewed annually to complement changing school and student educational needs. Programs are designed to educate students in safe road behaviour and bicycle skills appropriate to their age and ability.

The learning outcomes are directly related to the PD/H/PE Syllabus. As well as having fun, bicycle riding improves gross motor skill and assists in the development of spatial awareness, balance and locomotion. The skill level of each student will be enhanced through active participation and direct instruction provided by the supervisor.

Programs include: • Bicycle skills • Pedestrian safety • Road safety • Awareness of hazards to pedestrians and cyclists. Activities covered in the program include, group discussions regarding requirements of the cyclists, items to check before riding a bicycle, interpretation of road signs, a safety walk, bicycle skills tests, and a simulated road circuit ride.

The students will also complete six learning tasks on their bikes. These will aim to improve balance and control while on a bike, how to negotiate objects, scan for traffic and emergency breaking and hand signals.

### **What will you need to bring:**

- A Helmet (if you would like)
- Lunch and morning tea in a small bag
- Water bottle
- Apply sunscreen in the morning to arms, neck and face
- Wear your sports uniform, with shorts or bike pants underneath, including joggers
- have long hair tied back in a low ponytail
- School hat

The students need to be at school by 8:15 and are expected to return to school at normal time. As we need to travel through 8 different sets of roadworks between Glenbrook and Campbelltown we cannot be 100% certain that we will return to school in time for afternoon buses. We will be leaving Campbelltown at 2:00 and anticipate that this will be enough time for children to meet regular buses at 3:15. Please make other arrangements for your child's pick up in case we are held up by roadworks.

Please note that bikes are supplied and students will not need to bring their own bike.

The excursion is covered by the activity fee charged to all families through the school fees.

Yours Sincerely

Mr Ticehurst, Mrs Maunder, Mrs Shean

# Excursion Permission Note



Excursion: Campbelltown Bicycle and Road Safety Centre Date: 5 Sept, 2017

I understand that I can bring my helmet on the day if I wish to.

I give permission for my child ..... in Year .....  
to attend this excursion.

## Medical Details

➤ Does your child have any medical condition which you feel that teachers should be aware of?  
.....

➤ Please list any allergies and the symptoms  
.....

➤ Does your child need to take medication during the excursion? (*Details needed by the Teacher*)  
.....

➤ Is there any other matter regarding your child's welfare and enjoyment of the excursion which you would feel the teacher should know?  
.....

### Contact Details

*On the day of the excursion I may be contacted on phone no.*  
.....

Mother's Home/Work/Mobile Phone No's. ....

Father's Home/Work/Mobile Phone No's. ....

Emergency Name and Phone No. ....

### Emergency

*In the event of an emergency I give the teachers of St. Finbar's Primary School permission to seek medical attention for my child. I understand that I will be notified as soon as possible.*

.....  
Parent/Guardian signature

.....  
(Name – please print)

Date .....